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BEFORE THE ARIZONA MEDICAL BOARD

In the Matter of

MARK R. AUSTEIN, M.D.

Holder of License No. 14196 For the Practice of Allopathic Medicine In the State of Arizona. Case No. MD-14-0230A

INTERIM CONSENT AGREEMENT TO PARTICIPATE IN THE PHYSICIAN HEALTH PROGRAM

By mutual agreement and understanding, between the Arizona Medical Board ("Board") and Mark R. Austein, M.D. ("Respondent"), the parties enter into this Interim Consent Agreement, Findings of Fact, Conclusions of Law and Order ("Interim Consent Agreement") as an interim disposition of this matter.

INTERIM FINDINGS OF FACT

- 1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.
- 2. Respondent is the holder of License No. 14196 for the practice of allopathic medicine in the State of Arizona.
- 3. The Board initiated case number MD-14-0230A after receiving a report that Respondent was providing a patient with Subutex or Suboxone prescriptions in exchange for sexual favors. The investigation into this allegation remains ongoing.
- 4. At the recommendation of the Board's Physician Health Program ("PHP") Contractor, Respondent presented for an inpatient chemical dependency relapse evaluation at Board-approved facility. The inpatient facility determined that Respondent had not technically relapsed, but remained at risk for a relapse and recommended inpatient relapse prevention treatment, which Respondent immediately attended.

- 5. Respondent attended a post-evaluation reassessment with the PHP Contractor. The PHP Contractor opined that Respondent is safe to practice medicine, provided that Respondent enter into the PHP for a period of five (5) years with additional terms and conditions incorporating the recommendations of the report provided by the inpatient facility.
- 6. The investigation concerning Respondent's professional conduct will be provided to the Board promptly upon completion for review and action.

INTERIM CONCLUSIONS OF LAW

- The Board possesses jurisdiction over the subject matter hereof and over Respondent.
- 2. Pursuant to A.R.S. § 32-1405(20), if delegated by the Board, the Executive Director may enter into stipulated agreements with a physician for the treatment, rehabilitation and monitoring of chemical substance or misuse.

INTERIM CONSENT AGREEMENT

IT IS HEREBY ORDERED THAT:

- 1. Respondent shall enroll and participate in the Board's PHP for a period of five (5) years.
- 2. Respondent's practice is restricted in that he shall not practice in a solo setting and is prohibited from seeing patients out of his home. Additionally, Respondent shall limit his practice to the hours and extent specified by his inpatient treatment facility, to wit: Respondent shall not practice more than 25 hours per week, inclusive of on-site and administrative duties. Respondent shall submit the name of a worksite monitor who is a licensed health care worker in writing to PHP for approval. The monitor shall be responsible for observing Respondent's demeanor, relationships with patients,

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24 25 appearance, timeliness and whether Respondent maintains appropriate boundaries with Respondent shall provide the monitor with a list of all employers and patients. employees, including full and part-time employers, employees, and locum tenens in advance of any of Respondent's start date(s). The monitor shall report to PHP at PHP's discretion. Respondent may submit a written request that the requirement for an on-site monitor be modified or eliminated after one year.

- 3. Respondent shall not consume alcohol or any food or other substance containing poppy seeds or alcohol.
- Respondent shall not take any illegal drugs or mood altering medications 4. unless prescribed for a legitimate therapeutic purpose.
- 5. Respondent shall attend the PHP's relapse prevention group therapy sessions one time per week for the duration of this Interim Consent Agreement, unless excused by the relapse prevention group facilitator for good cause. Individual relapse therapy may be substituted for one or more of the group therapy sessions, if PHP preapproves substitution. The relapse prevention group facilitators or individual relapse prevention therapist shall submit monthly reports to the PHP regarding attendance and progress.
- 6. If requested by the PHP. Respondent shall attend ninety 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by the PHP, for a period of ninety days. Upon completion of the ninety meetings in ninety days, Respondent shall participate in a 12-step recovery program or other self-help program appropriate for substance abuse as recommended by the PHP. Respondent shall attend a minimum of three 12-step or other self-help program meetings per week. Two meetings per month must be Caduceus meetings. Respondent must maintain a log of all self-help meetings.

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7. Respondent shall promptly obtain a Primary Care Physician ("PCP") who is also Board-certified in addiction medicine and shall submit the name of the physician to the PHP in writing for approval. The approved PCP shall be in charge of providing and coordinating Respondent's medical care and treatment, including assisting Respondent to taper off his current prescription for Buprenorphine until Respondent is no longer taking Buprenorphine. Except in an *Emergency*, Respondent shall obtain medical care and treatment only from the PCP and from health care providers to whom the PCP refers Respondent. Respondent shall promptly provide a copy of this Interim Consent Agreement to the PCP. Respondent shall also inform all other health care providers who provide medical care or treatment that Respondent is participating in PHP. "Emergency" means a serious accident or sudden illness that, if not treated immediately, may result in a long-term medical problem or loss of life.

Respondent shall also promptly obtain a Board-certified pain management physician and submit the name of the physician to PHP in writing for approval. The pain management physician shall be in charge of managing Respondent's chronic pain.

8. All prescriptions for controlled substances shall be approved by the PHP prior to being filled except in an *Emergency*. Controlled substances prescribed and filled in an emergency shall be reported to the PHP within 48 hours. Respondent shall take no *Medication* unless the PCP or other health care provider to whom the PCP refers Respondent prescribes and the PHP approves the *Medication*. Respondent shall not self-prescribe any *Medication*. "Medication" means a prescription-only drug, controlled substance, and over-the counter preparation, other than plain aspirin, plain ibuprofen, and plain acetaminophen.

- 9. Respondent shall submit to random biological fluid, hair and/or nail testing for the remainder of this Interim Consent Agreement (as specifically directed below) to ensure compliance with PHP.
- psychotherapist and shall comply with any and all treatment recommendations, including taking any and all prescribed medications. Respondent shall instruct the treating psychiatrist and psychotherapist to submit quarterly written reports to the PHP Contractor regarding diagnosis, prognosis, current medications, recommendation for continuing care and treatment, and ability to safely practice medicine. The reports shall be submitted quarterly to the PHP, the commencement of which to be determined by the PHP Contractor. Respondent shall pay the expenses of treatment and is responsible for paying for the preparation of the quarterly reports. At the expiration of one year or anytime thereafter, Respondent may submit a written request to the PHP Contractor requesting termination of the requirement that Respondent remain in treatment with a psychiatrist and psychotherapist.
- 11. Respondent shall provide the PHP in writing with one telephone number that shall be used to contact Respondent on a 24 hour per day/seven day per week basis to submit to biological fluid, hair, and/or nail testing to ensure compliance with PHP. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or organization conducting tests on the collected samples to provide testing results to the PHP. Respondent shall comply with all requirements for biological fluid, hair, and/or nail collection. Respondent shall pay for all costs for the testing.

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- 12. Respondent shall provide the PHP with written notice of any plans to travel out of state.
- 13. Respondent shall immediately notify the Board and the PHP in writing of any change in office or home addresses and telephone numbers.
- 14. Respondent provides full consent for the PHP to discuss the Respondent's case with the Respondent's PCP or any other health care providers to ensure compliance with PHP.
- 15. The relationship between the Respondent and the PHP is a direct relationship. Respondent shall not use an attorney or other intermediary to communicate with the PHP on participation and compliance issues.
- 16. Respondent shall be responsible for all costs, including costs associated with participating in PHP, at the time service is rendered or within 30 days of each invoice sent to the Respondent. An initial deposit of two (2) months PHP fees is due upon entering the program. Failure to pay either the initial PHP deposit or monthly fees 60 days after invoicing will be reported to the Board by the PHP and may result in disciplinary action up to and including revocation.
- Agreement to all employers, supervisors, hospitals and free standing surgery centers where Respondent currently has or in the future gains or applies for employment or privileges. Within 30 days of the date of this Interim Consent Agreement, Respondent shall provide the PHP with a signed statement of compliance with this notification requirement. Respondent is further required to notify, in writing, all employers, supervisors, hospitals and free standing surgery centers where Respondent currently has or in the future gains or applies for employment or privileges of a violation of this Interim Consent Agreement. Respondent shall ensure that any and all employment agreements

are modified to ensure that Respondent's work schedule shall not conflict with mandated recovery activities. Respondent shall submit verification of any modifications to the monitor.

- 18. In the event Respondent resides or practices as a physician in a state other than Arizona, Respondent shall participate in the rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the monitoring state's program to provide written quarterly reports to the PHP regarding Respondent's attendance, participation, and monitoring. The monitoring state's program and Respondent shall immediately notify the PHP if Respondent is non-compliant with any aspect of the monitoring requirements or is required to undergo any additional treatment.
- 19. The PHP shall immediately notify the Board if Respondent is non-compliant with any aspect of this Interim Consent Agreement or is required to undergo any additional treatment.
- 20. The Board retains jurisdiction and may initiate new action based upon any violation of this Interim Consent Agreement, including, but not limited to, summarily suspending Respondent's license.
- 21. Because this is an Interim Consent Agreement and not a final decision by the Board regarding the pending investigation, it is subject to further consideration by the Board. Once the investigation is complete, it will be promptly provided to the Board for its review and appropriate action.
- 22. Respondent has read and understands the terms of this Interim Consent Agreement.

DATED AND EFFECTIVE this 4 day of August, 2015.

ARIZONA MEDICAL BOARD

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Patricia E. McSorley
Executive Director

RECITALS

Respondent understands and agrees that:

- 1. The Board, through its Executive Director, may adopt this Interim Consent Agreement, or any part thereof, pursuant to A.R.S. § 32-1405(C)(25).
- 2. Respondent has read and understands this Interim Consent Agreement as set forth herein, and has had the opportunity to discuss this Interim Consent Agreement with an attorney or has waived the opportunity to discuss this Interim Consent Agreement with an attorney. Respondent voluntarily enters into this Interim Consent Agreement and by doing so agrees to abide by all of its terms and conditions.
- 3. By entering into this Interim Consent Agreement, Respondent freely and voluntarily relinquishes all rights to an administrative hearing on the matters set forth herein, as well as all rights of rehearing, review, reconsideration, appeal, judicial review or any other administrative and/or judicial action, concerning the matters related to the Interim Consent Agreement.
- 4. Respondent understands that this Interim Consent Agreement does not constitute a dismissal or resolution of this matter or any matters that may be currently pending before the Board and does not constitute any waiver, express or implied, of the Board's statutory authority or jurisdiction regarding any other pending or future investigations, actions, or proceedings. Respondent does not relinquish his rights to an administrative hearing, rehearing, review, reconsideration, judicial review or any other administrative and/or judicial action, concerning the matters related to a final disposition of this matter, unless he affirmatively does so as part of the final resolution of this matter.

- 5. Respondent acknowledges and agrees that upon signing this Interim Consent Agreement and returning it to the Board's Executive Director, Respondent may not revoke his acceptance of this Interim Consent Agreement or make any modifications to it. Any modification of this original document is ineffective and void unless mutually approved by the parties in writing.
- 6. Respondent understands that this Interim Consent Agreement shall not become effective unless and until it is signed by the Board's Executive Director.
- 7. Respondent understands and agrees that if the Board's Executive Director does not adopt this Interim Consent Agreement, he will not assert in any future proceedings that the Board's consideration of this Interim Consent Agreement constitutes bias, prejudice, prejudgment, or other similar defense.
- 8. Respondent understands that this Interim Consent Agreement is a public record that may be publicly disseminated as a formal action of the Board.
- 9. Respondent understands that this Interim Consent Agreement does not alleviate his responsibility to comply with the applicable license renewal statutes and rules. If this Interim Consent Agreement remains in effect at the time Respondent's license comes up for renewal, he must renew his license if Respondent wishes to retain his license. If Respondent elects not to renew his license as prescribed by statute and rule, Respondent's license will not expire but rather, by operation of law (A.R.S. § 32-3202), become suspended until the Board takes final action in this matter. Once the Board takes final action, in order for Respondent to be licensed in the future, he must submit a new application for licensure and meet all of the requirements set forth in the statutes and rules at that time.

1	10. Respondent understands that any violation of this Interim Consent
2	Agreement constitutes unprofessional conduct under A.R.S. § 32-1401(27)(r)
3	("[v]iolating a formal order, probation, consent agreement or stipulation issued or entered
4	into by the board or its executive director under this chapter.").
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6	Mrank au mo DATED: 8-3-15
7	MARK R. AUSTEIN, M.D.
8	EXECUTED CORY of the foregoing e-mailed
9	EXECUTED COPY of the foregoing e-mailed this day of Ougust, 2015 to:
10	David E. Hill
11	Law Office of David Hill, PLC 300 N. Main Avenue, Suite 102
12	Tucson, Arizona 85701 Attorney for Respondent
13	Greenberg and Sucher, P.C.
14	Address of Record
15	ORIGINAL of the foregoing filed
16	this 4th day of Ougust, 2015 with:
17	Arizona Medical Board 9545 E. Doubletree Ranch Road
18	Scottsdale, AZ 85258
19	mary Edge
20	Board Staff
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